



## Why We CARE

1,375%

Increase in number of incidents in which children <6 accidentally ate edible cannabis (*from 207 to 3,054 over a 5-year period*).

70%

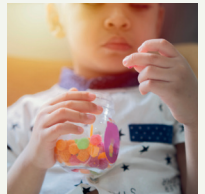
experienced decreased rate of breathing, decreased heart rate, and loss of consciousness. **This could lead to coma or death.**

53%

of unintentional ingestions occurred in children ages 2 and 3.

90%

of ingestions occurred in the home.



## How to PLAY IT SAFE

### DID YOU KNOW?

Edible THC products take longer than smoked marijuana to have an effect. Smoking takes just seconds to minutes.

But a THC edible typically has a peak effect 3 to 4 hours after ingesting.

### DANGER

Someone experimenting with THC edibles might not feel the effects as quickly as expected and ingest large amounts to try to "get high." This leads to overdosing.

Consider this: **One cookie can have as much as 6 servings of THC.**



### When to Seek Help

**800-222-1222**

- Call the free poison control hotline as soon as possible for fast help or go online at [www.poison.org](http://www.poison.org).
- Try to find out what and how much they ate.
- Look at the edible's wrapper to see how much THC it contains.
- **Do not induce vomiting.**

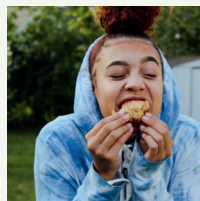
- **Packaging rules are not enough.**

THC food products often are made to closely resemble popular brand name candy and snacks (like "Pot Tart"). It's too easy for kids to mistake them for Pop Tarts, for example.



**Best practice: Avoid buying THC edibles that come in packages that look just like real candies or sweets.**

- **Store them safely**, the same way you would store medications and other potentially toxic products:
  - 1 **Out-of-reach or in a locked location**
  - 2 **In child-resistant packaging or containers**
  - 3 **Clearly labeled as marijuana edibles** and stored in original packaging
- **Don't eat them in front of your kids**, either for medical or recreational purposes. Seeing this could create temptation for kids or let them think it's okay.
- Talk to your kids/teens about the dangers of marijuana **in any form** on mind and body development.



### PLAY IT SAFE

with burn safety, safe sleep, firearms, teen driving, and more in the **Georgia AAP Toolkit**—[gaaap.org/play-it-safe](http://gaaap.org/play-it-safe).

